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**NEWS
RELEASE**

06/ 22/ 2024

Live Active El Paso Invites Community to 3K Walk or Run Summer Series

Family-Friendly Fitness Series Returns for Summer

EL PASO, Texas— Live Active El Paso is excited to announce the return of the 3K Summer Walk/Run series by inviting the community to live a healthier and more active lifestyle at the first event on Saturday, June 29, at the Westside Community Park, 7400 High Ridge Dr.

Returning for its fourth year, the free 3K Summer Walk/Run series is held at various City parks once a month on a Saturday from June through August. Registration is not required to participate in the family-friendly challenge which is open to all ages.

Each event in the series has a theme and features giveaways, including free Summer Walk T-shirts for the first 80 people who attend.

In addition, various Live Active El Paso partners will host education booths during each event where visitors can receive additional information and resources on how to live a healthier lifestyle.

The purpose of the series is promoting health and wellness in our community by encouraging everyone to be more active. The Summer Walk/Run series will take place at the following City Parks:

Saturday, June 29

8 to 10 a.m., Westside Community Park (7400 High Ridge Dr.)
Featuring a walk with your dog event

Saturday, July 27

8 to 11 a.m., Eastwood Park (3110 Parkwood St.)
Featuring a back-to-school backpack drive giveaway

Saturday, August 24

8 to 10 a.m., Marty Robbins Park (11620 Vista Del Sol Dr.)
Featuring a Live Active El Paso anniversary celebration

For more information on the 3K Summer Walk/Run Series, follow Live Active El Paso on social media (Facebook, Instagram and Twitter) or visit www.LiveActiveEP.com.

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Promoting **Transparent & Consistent Communication**
Among All Members of the Community

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