



**MAYOR**  
Oscar Leeser

**INTERIM  
CITY MANAGER**  
Cary Westin

**CITY COUNCIL**

**District 1**  
Brian Kennedy

**District 2**  
Dr. Josh Acevedo

**District 3**  
Cassandra Hernandez

**District 4**  
Joe Molinar

**District 5**  
Isabel Salcido

**District 6**  
Art Fierro

**District 7**  
Henry Rivera

**District 8**  
Chris Canales

**NEWS  
RELEASE**

08/ 22/ 2024

# Community Invited to Celebrate Live Active El Paso Day

## Health and Wellness Event Includes FREE Flu Vaccines

**EL PASO, Texas**—Live Active El Paso, a communitywide health and wellness initiative, will celebrate its four-year anniversary with a special Live Active EP Day wellness event from 8 to 10 a.m. Saturday, August 24, at Marty Robbins Park, 11620 Vista Del Sol Dr.

The free, family-friendly celebration is open to everyone of all ages and will kick off with a 3K family walk/run at 8 a.m. The public can visit and gather information from interactive booths that focus on health and wellness. A variety of free activities, giveaways and prizes will also be available.

“We are excited to celebrate the longevity of this wellness initiative that started during the COVID-19 pandemic to get people moving and help them to make their health a priority,” said Parks and Recreation Director Pablo Caballero. “We will continue to provide Live Active EP as an opportunity for our community to focus on their health and wellbeing.”

In addition, the Department of Public Health and the Fire Department will be providing FREE flu vaccines to people 6 months of age and older as part of the Be POWERflu campaign.

“Every year during the fall and winter seasons, many El Pasoans become ill with respiratory diseases and the Flu is one of those viruses that can cause severe complications, requiring hospitalization and in some cases death,” said Dr. Hector Ocaranza City/County Health Authority. “The flu vaccine can save lives by providing protection against those complications, thus preventing hospitalization and death. It is extremely important that everyone get their flu shot annually before the flu season.”

Free flu shots are also available at El Paso Community Clinics that are open Monday through Friday from 7:30 a.m. to 4:30 p.m. The clinics are closed for lunch from noon to 1 p.m. and on Saturday and Sunday. A complete list of locations is available at [www.BePowerFlu.com](http://www.BePowerFlu.com)

More information on Live Active El Paso is available on social media (Facebook, Instagram, and Twitter) or at [www.LiveActiveEP.com](http://www.LiveActiveEP.com).

### **ABOUT LIVE ACTIVE ELPASO**

Created by the City of El Paso in response to the COVID-19 pandemic, Live Active El Paso is a citywide community movement that promotes health and wellness by encouraging physical activity, improved nutrition, and strong mental health. The initiative depends on the support of dozens of partner organizations including local gymnasiums, nutritional eateries, nonprofit health organizations and local businesses.

###



Promoting **Transparent & Consistent Communication**  
Among All Members of the Community

**Media contact:** Rick Isaias  
Strategic Communications  
[isaiasra@elpasotexas.gov](mailto:isaiasra@elpasotexas.gov)  
(O): 915.212.1077  
(M): 915.355.6611