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Baila El Paso! Live Active El Paso to Offer Free Bachata, Cumbia, Salsa Dance Classes

Dancing Great to Stay Active and Meet New People

EL PASO, Texas—Baila El Paso! Live Active El Paso is inviting residents of all ages to learn the lively rhythms of bachata, cumbia, and salsa while also staying fit in a series of free dance classes.

The dance classes, hosted by the City of El Paso's Parks and Recreation Department through the Live Active El Paso program, are being offered in partnership with the El Paso Ballroom Dance Academy.

The first session kicks off at 10 a.m. on Saturday, September 14, at the Wayne Thornton Community Center, located at 3134 Jefferson Ave. Classes will continue through November at different recreation centers across the City with a final dance session in December during WinterFest!

Open to beginners of all ages, the classes require no prior experience, and you don't need to bring a dance partner! Skilled instructors from the El Paso Ballroom Dance Academy will guide participants through the basic steps of these popular Latin dance styles. After each class, participants can enjoy 30 minutes of social dancing accompanied by live music, making it the perfect opportunity to practice and mingle.

"Live Active El Paso is always looking for fun and creative ways to encourage residents to stay active," said Pablo Caballero, Director of the El Paso Parks and Recreation Department. "Dancing not only helps you stay fit, but it's also a fun way to connect with others. We're excited to partner with a local dance academy to offer these exciting classes for free."

Class Schedule and Locations:

- 10 a.m., Saturday, September 14: Wayne Thornton Community Center, 3134 Jefferson Ave.
- 10 a.m., Saturday, October 12: The Beast Urban Park, 13501 Jason Crandall Dr.
- 10 a.m., Saturday, October 26: Galatzan Recreation Center, 650 Wallenberg Dr.
- 10 a.m., Saturday, November 9: Veterans Recreation Center, 5301 Salem Dr.
- 10 a.m., Sunday, December 8: San Jacinto Plaza (During WinterFest).

For more information on Live Active El Paso, follow us on Facebook, Instagram, and Twitter, or visit our website at www.LiveActiveEP.com.

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